

KS1 Theme 1: Created and Loved by God **DRAFT**

		Reception	PP1	PP2
Michaelmas 1		Me and My health	Me and My health	Me and My health
Me, my body and my health	Me 1. We are all unique individuals. 2. We all have individual gifts, talents and abilities. My Health 1. What constitutes a healthy life style, including physical activity, dental health and healthy eating.	<ul style="list-style-type: none"> • All about me. • What makes me special. • I'm special, your special. • Healthy eating 1. • Healthy eating 2. • Good night's sleep. 	<ul style="list-style-type: none"> • Healthy me. • Eat well. • I can eat a rainbow. • Catch it, bin it, kill it. • Basic First Aid 	<ul style="list-style-type: none"> • Harold's postcard – helping us to keep clean and healthy. • Harold's bathroom • Harold's picnic • My body needs... • My day. • Who makes us who we are?
Michaelmas 2		Emotional Well-being and attitudes/ emotions	Emotional Well-being and attitudes/ emotions	Emotional Well-being and attitudes/ emotions
Emotional well being and attitudes	Emotional well-being 1. That we all have different likes and dislikes. 2. A language to describe feelings. Attitudes 1. A basic understanding that feelings and actions are two different things. 2. Simple strategies for managing feelings and behaviour. 3. That choices have consequences	<ul style="list-style-type: none"> • My Feelings • My Feelings 2 • Bouncing back when things go wrong. • Yes I can! 	<ul style="list-style-type: none"> • Thinking about feelings. • Our feelings. • Our special people balloons. • Same or different. • Harold learns to ride his bike. 	<ul style="list-style-type: none"> • Sam moves away. • When I feel like erupting. • When someone is feeling left out. • Solve the problem. • You can do it!

KS1 Theme 2 Created to Love Others

		Reception	PP1	PP2
Lent 1		Getting on and falling out	Getting on and falling out	Getting on and falling out
Personal relationships The characteristics of positive and negative relationships. To identify special people and what makes them special. There are different family structures, and these should be respected. How their behaviour affects other people and that there are appropriate and inappropriate behaviours. To recognise when people are being unkind to them and how to respond. Different types of teasing and bullying which are wrong and unacceptable.		<ul style="list-style-type: none"> Looking after my friends. Looking after special people. Same and different. Same and different families. Same and different homes. 	<ul style="list-style-type: none"> Good friends Unkind, tease or bully? Harold has a bad day. Why we have classroom rules. Who can help? Who are our special people? 	<ul style="list-style-type: none"> A helping hand. Getting on with each other. Being a good friend. Bullying or teasing? Types of bullying. Solve the problem.
Lent 2		Keeping Safe	Keeping Safe	Keeping Safe
Keeping safe and people who can help me. To recognise safe and unsafe situations and ways of keeping safe, including simple rules for online safety. To use simple rules for resisting pressure when they feel unsafe or uncomfortable. The difference between good and bad secrets. Importance of seeking and giving permission in relationships. Who to go to if they are worried or need help. That there are different organisations and people they can go to for help in different situations.		<ul style="list-style-type: none"> What's safe to go onto my body. Safe indoors and outdoors. Listening to feelings. Keeping safe online. People who help to keep me safe. 	<ul style="list-style-type: none"> Super Sleep What could Harold do? Sharing pictures. Surprises and secrets. Who can help 2? 	<ul style="list-style-type: none"> Playing games. How safe would you feel? Feeling safe. Basic First Aid

KS1 Theme 3 Created to Live in Community

		Reception	PP1	PP2
Trinity 1		Relationships	Relationships	Relationships
Education in Virtue	Just and fair treatment of other people, locally, nationally and globally. People who serve others, locally, nationally and globally. Active in their commitment to bring about change.	<ul style="list-style-type: none"> Kind and caring 1. *Kind and caring 2. Who can help me? Same and different homes' 	<ul style="list-style-type: none"> It's not fair! Harold loses Geoffrey How are you listening? Pass on the praise. 	<ul style="list-style-type: none"> My special people. An act of kindness.
Trinity 2		The world around us	The world around us	
Living in the wider world	That they belong to various communities such as home, school, parish, the wider local community and the global community. That their behaviour has an impact on the communities to which they belong. That people and other living things have needs and that they have responsibilities to meet them; About what harms and improves the world in which they live	<ul style="list-style-type: none"> Being helpful at home and caring for our classroom. Seasons. Caring for our world. Looking after money 1 recognising using and spending. Looking after money 2 saving money and keeping it safe. 	<ul style="list-style-type: none"> Taking care of something. Around and about the school Harold's money. How should we look after money? 	<ul style="list-style-type: none"> Our ideal classroom 1 Our ideal classroom 2 How can we look after the environment? Harold saves for something special. Harold goes camping.