

KS2 Theme 1: Created and Loved by God

		Prep	Elements
Michaelmas 1		Me and My health	Me and My health
Me, my body and my health	<p>Me</p> <ol style="list-style-type: none"> 1. Everyone expresses their uniqueness in different ways and that being different is not always easy. 2. Strategies to develop self-confidence and self-esteem. 3. Each person has a purpose in the world. 4. That similarities and differences between people arise from several different factors. <p>My Health</p> <ol style="list-style-type: none"> 1. How to make informed choices that have an impact on their health. 	<ul style="list-style-type: none"> • Different skills • “Thinking” about habits • 	<ul style="list-style-type: none"> • What makes us who we are? • Our recommendations
Michaelmas 2		Emotional Well-being and attitudes/emotions	Emotional Well-being and attitudes/emotions
Emotional well being and attitudes	<p>Emotional well-being</p> <ol style="list-style-type: none"> 1. To extend their vocabulary to deepen their understanding of the range and intensity of their feelings. 2. What positively and negatively affects their physical, mental and emotional health (including the media) To recognise how images in the media do not always reflect reality and can affect how people feel about themselves. <p>Attitudes</p> <ol style="list-style-type: none"> 1. That some behaviour is unacceptable, unhealthy or risky. 2. Strategies to build resilience in order to identify and resist unacceptable pressure from a variety of sources. 	<ul style="list-style-type: none"> • Jay’s Dilemma • Our emotional needs • How are they feeling? • Would you risk it? 	<ul style="list-style-type: none"> • Five ways to well being project • Community art • Helpful or unhelpful?

KS2 Theme 2 – Created to Love Others

		Prep	Elements
Lent 1		Getting on and falling out	Getting on and falling out
Personal relationships	1. Loyal, able to develop and sustain friendships. 2. Courteous in their dealings with friends and strangers. 3. How to maintain positive relationships and strategies to use when relationships go wrong. 4. There are different types of relationships including those between acquaintances, friends, relatives and family. 5. How to make informed choices in relationships and that choices have positive, neutral and negative consequences. 6. An awareness of bullying (including cyber-bullying) and how to respond. 7.About harassment and exploitation in relationships, including physical and emotional abuse and how to respond. 8. To recognise and manage risk, to develop resilience and learn how to cope with “dares” and other ways in which people can be pressurised. 9.About changes that can happen in life, e.g. loss, separation, divorce and the emotion that accompanies them.	<ul style="list-style-type: none"> • Dear Hetty • Decision dilemmas • How good a friend are you? • Qualities of friendship • Ella’s diary dilemma. • Relationship cake recipe 	<ul style="list-style-type: none"> • Being a good friend • Pressure online (not including PANTS as NSPCC cover that) • Solve the friendship problem. • Advertising friendships • Dan’s Day • Traffic lights.

		Prep	Elements
Lent 2		Keeping Safe	Keeping Safe
Keeping safe and people who can help me.	<p>1.To recognise their increasing independence brings increased responsibility for keeping safe.</p> <p>2.How to use technology safely.</p> <p>3.That not all images, language and behaviour are appropriate.</p> <p>4. Importance of seeking and giving permission in relationships.</p> <p>5.The difference between good and bad secrets.</p> <p>6.Importance of seeking and giving permission in relationships.</p> <p>7.Who to go to if they are worried or need help.</p> <p>That there are different organisations and people they can go to for help in different situations.</p> <p>People who can help me.</p> <p>1.That there are a number of different people and organisations they can go to for help in different situations and how to contact them.</p> <p>2.How to report and get help if they encounter inappropriate materials or messages.</p> <p>3.To keep asking for help until they are heard.</p>	<ul style="list-style-type: none"> • Independence and responsibility. • Communication. • Star quality. • Play, like, share. • Being assertive. • Basic first aid. 	<ul style="list-style-type: none"> • It's a puzzle. • Think before you click. • Two sides to every story • What's the risk (2)? • Media manipulation.

KS2 Theme 3: Created to live in the community (local, national and global)

		Relationships	
Trinity 1		Prep	Elements
		Relationships	Relationships
Education in Virtue	That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)	<ul style="list-style-type: none"> • Rights responsibilities and duties. • The land of red people. • Kind conversations. • Captain Coram 5 • 	<ul style="list-style-type: none"> • This will be your life • Conflict resolution • Captain Coram 6 • Tolerance for others • Democracy in Britain 1 and 2
Trinity 2		The world around us	The world around us
Living in the wider world	<p>1. Just, understanding the impact of their actions locally, nationally and globally.</p> <p>2. About the range of national, regional, religious and ethnic identities in the United Kingdom and beyond and the importance of living in right relationship with one another.</p>	<ul style="list-style-type: none"> • My school community 2. • Mo makes a difference. • Spending wisely. • Lend us a fiver. • Challenging stereotypes. 	<ul style="list-style-type: none"> • Working together • Project pitch • Happy Shoppers • What's it worth? • Jobs and taxes